

Lessons from the playground!



Game 1 – Kho Kho

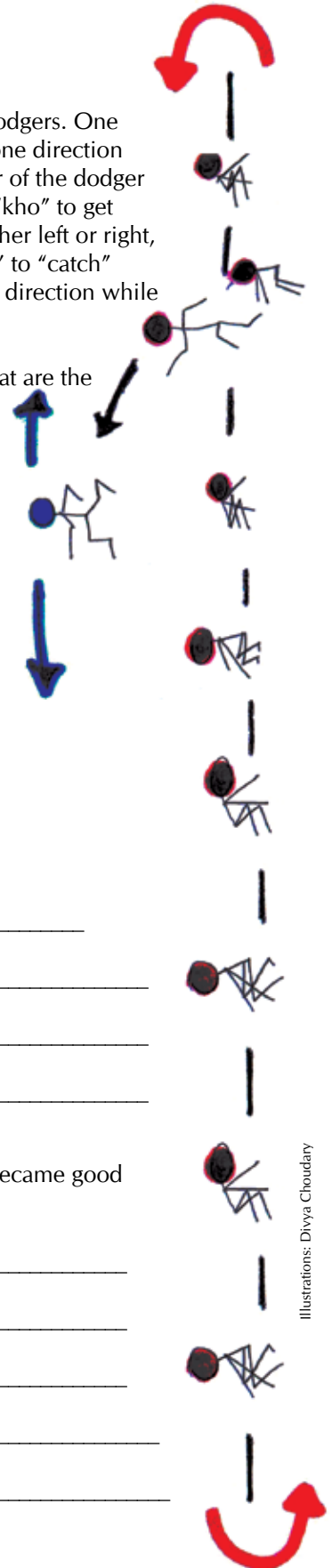
You will need at least 18 players divided equally between 2 teams.

One team, the chasers, will have to sit as shown. The other team will consist of the dodgers. One person from the chaser team starts running to catch the dodgers and can run only in one direction around the group of seated chasers. When the chaser sees the opponent, any member of the dodger team, on the opposite side, he or she can thump the back of the team mate shouting “kho” to get them to run instead. The new chaser, once standing can only run in one direction, either left or right, to catch the dodgers. When the chaser reaches the dodger he or she must shout “kho” to “catch” them. If a dodger is caught or a chaser gets up without a “kho”, or the chaser changes direction while running, the player is out.

1. Sanjay and his friend Ashish were planning to form a kho kho team in school. What are the 3 important things they must first do?

2. While they were playing, Ashish suddenly shouted “out” to a member from his opponent’s team. What do you think happened?

3. After beginning to play kho kho together, Ashish and Sanjay and the entire team became good friends. How do you think that happened?



Illustrations: Divya Choudary

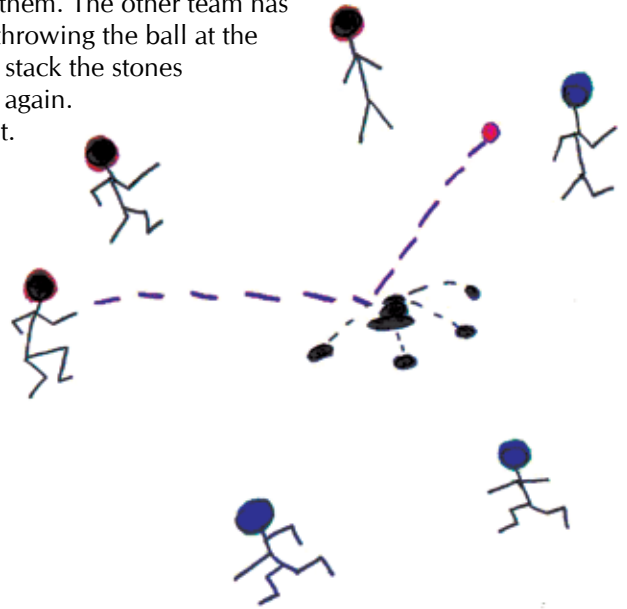
Game 2 – Pittho or Seven stones



You will need a ball and 7 flat stones of decreasing sizes that can be stacked one above the other as shown in the picture.

The game must be played with 2 teams with the 7 stones arranged in the centre. One member of one team throws a ball to hit the stones and scatter them. The other team has to rebuild the stack while their opponent tries to stop them by throwing the ball at the stack again and again. The team wins a point if they manage to stack the stones or “make the pittho” and scream “pittho!” before the ball hits it again. If the ball touches any member in the process, then they are out. The team that collects most “pitthos” is the winner.

Hidden in this grid are five words related to pittho. Find them and then write a line about how you think they fit.



B	C	D	T	A	R	O	N	S	Q
H	G	F	E	E	D	C	B	P	A
R	S	B	A	L	A	N	C	E	T
O	N	M	M	L	C	K	J	E	I
A	Z	Y	W	X	C	W	V	D	U
O	L	K	O	I	U	H	G	F	D
P	N	R	R	S	R	T	W	V	U
X	O	Y	K	I	A	L	E	R	T
Q	U	S	E	Z	C	J	L	K	R
H	A	E	C	D	Y	F	I	J	S

1. _____

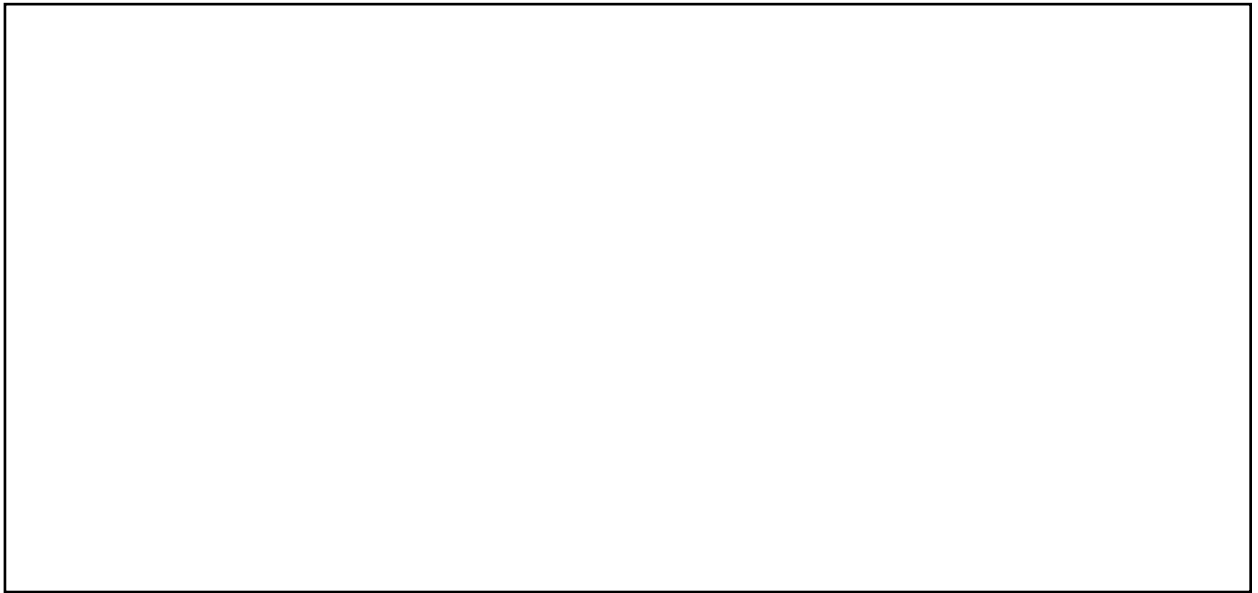
2. _____

3. _____

4. _____

5. _____

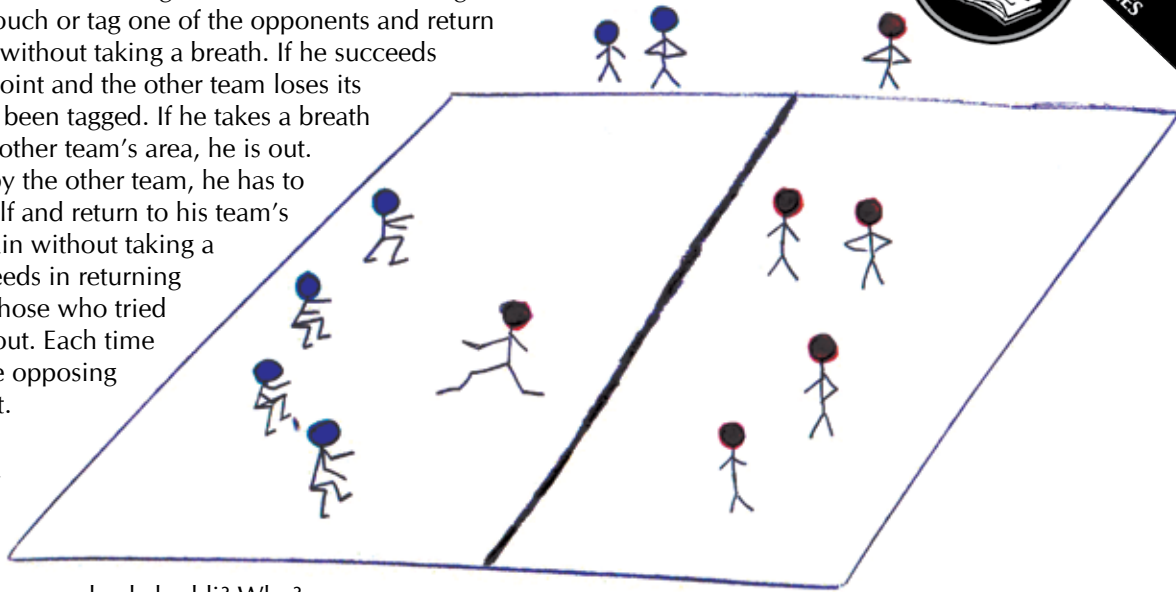
Pittho is played with seven stones, and a ball. The one who makes the maximum numbers of pittho is the winner. Using the seven stones and a ball, make a new game with your own rules. Make it interesting. The only condition is that it should be a team game! Draw an illustration of the game in the box and then write about the game in the space given.



Game 3 – Kabaddi



This is played with two teams in a fixed area marked like this. One member, the raider, enters the opposing team's area holding his breath while chanting "kabaddi-kabaddi." The raider's job is to touch or tag one of the opponents and return to his team's area without taking a breath. If he succeeds his team earns a point and the other team loses its member who had been tagged. If he takes a breath while he is in the other team's area, he is out. If he gets caught by the other team, he has to try and free himself and return to his team's territory, once again without taking a breath. If he succeeds in returning "home", then all those who tried catching him are out. Each time a player is out, the opposing team earns a point.



1. Parikshit was a small built but strong boy in grade 8.

Do you think he can play kabaddi? Why?

2. The Ace team in a school just lost a kabaddi match and the team members were feeling very bad. Their teacher gave them the '4S' puzzle to solve. Unscramble the words given below and then using those words, find out what their teacher wanted to tell them about each word.

gyrattse: _____

minasta: _____

pedes: _____

rotsmpans: _____

pirsti: _____

Kabaddi is a game that requires physical strength apart from other skills. Which other games require high physical strength? Write down the names of at least 4 games you know and why you think that it is strenuous.

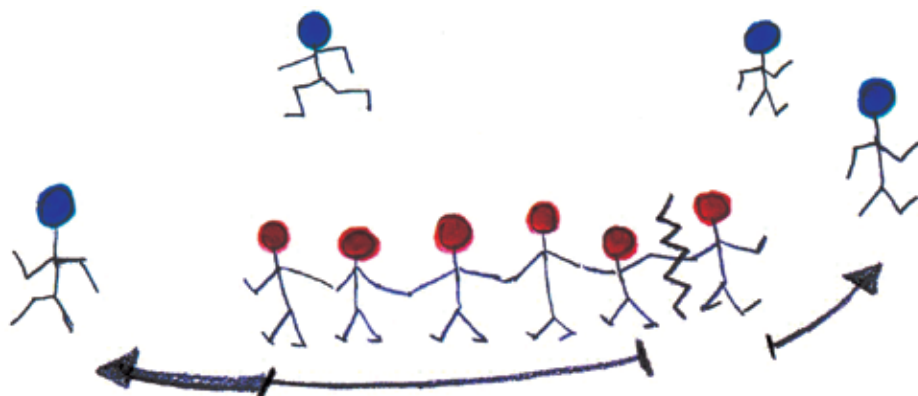
a) _____

b) _____

c) _____

d) _____

Game 4 – Chain chain



As you may know , Chain-Chain is a game that begins with one player trying to catch the others while they run. Once a player is caught, he or she becomes a part of the chain. In this way, the chain starts growing. The 2 catchers, now holding hands, together try to catch the others. Whoever is caught, gets added to the chain. The one player left uncaught is the winner. If the chain breaks (a player lets go of the other player’s hand), then all the members of the chain are out.

Look at the picture given and answer the following questions:

1. Who is the chain going to catch now?

2. What do you think will happen next?

3. What should the team do to avoid getting out?

Game 5 – Guess the game

Find the names of the following games in the crossword using the clues given. Write a few lines about any one game that you have played and enjoyed saying why.

						D3								
	A1	C				H								
													D4	
A2	O					E							O	
						K								

CLUES:

- A1 – Many players run and one chases. If you are the one caught, you are out!
- A2 – Name of a fruit – one sweet and one sour – is the game – and as much fun as its name!
- D3 – When the den finds out where you are, its your turn to take over!
- D4 – A number set, and a mad scrabble towards North, South, East and West.

Find the answers to this puzzle on page 57